

## About The Care Group

The Care Group is a comprehensive provider of respiratory/home medical equipment, skilled private duty nursing, and outpatient pediatric rehabilitation services.

Our respiratory therapy and equipment services focus on the needs of clients living with Chronic Obstructive Pulmonary Disease, Obstructive Sleep Apnea, and other respiratory insufficiencies.

The Care Group, which is licensed by the Texas Department of Health has serviced Houston and the surrounding areas since 1987.

The Care Group respiratory team is experienced and in place to provide the teaching and clinical support along with the CPAP machine and supplies necessary for promoting the best possible outcome of the CPAP treatment for you.



## Scope of Services

- Respiratory Program (Vents, CPAP, Oxygen)
- Home Medical Equipment
- Sleep Study / Apnea Monitors
- Skilled Private Duty Nursing
- Pediatric Rehabilitation (PT, OT, ST)

Business Hours:  
Monday through Friday  
8:30 A.M. to 5:00 P.M.

The Care Group  
9349 Kirby Drive  
Houston, Texas 77054

**Main: 713-383-2100**  
**Main Fax: 713-383-2113**  
**Referral Fax: 713-383-2122**



THE CARE<sup>SM</sup>  
GROUP

**Continuous  
Positive  
Airway  
Pressure  
(CPAP)  
Therapy**

**On your way to better  
sleep.....**

## **About Your CPAP Therapy**

Your doctor has prescribed a CPAP machine for you. CPAP is short for *continuous positive airway pressure*. This pressure will help to keep your airway open so that you will have quality sleep without frequent arousals due to snoring.

CPAP treatment may be awkward at first and it may take some time to adjust, but the benefits are definitely worthwhile!

## **Clinical Benefits of CPAP Treatment:**

To receive the most benefit from your CPAP treatment, it is important that you use it consistently as your doctor has prescribed. As a result of consistent CPAP usage, you should see:

- Improved quality of sleep
- Decreased daytime tiredness and sleepiness
- Improved concentration
- Increased energy

The Care Group respiratory therapist will work with you and your doctor to maintain these clinical benefits. A respiratory therapist will follow up with you on a regular basis to ensure that you are comfortable with your treatment.

## **Getting Started**

We receive a prescription from our doctor. Our staff at The Care Group works with your doctor, your insurance company and you to coordinate the necessary equipment and supplies for your treatment.

Once approval is obtained, our respiratory therapist will call you to coordinate an appointment for set up. At your appointment you will be fitted for your CPAP mask, receive your CPAP machine, and be instructed on usage.

## **Replacement Supplies**

The Care Group also provides replacement supplies for your CPAP equipment. A prescription from your doctor is needed. Once authorization is obtained from your insurance, we would ship out supplies to your home.

## **Support Services Available**

The Care Group respiratory therapy staff is available 24 hours a day should you have follow up questions regarding your treatment.

Please call 713-383-2100 and ask for a Respiratory Therapist to assist you.